IDSCA
INTERNATIONAL DANCE STUDIOS AND CLUBS ASSOCIATION

# МАСКТ Латиноамериканская программа Базовые Фигуры

| | | Ча Ча | Самба | Румба | Пасодобль | Джайв |
|---|---|---|---|---|---|---|
| Бронза | Бронза Начало | 1 Basic Movement<br>2 New York<br>3 Spot Turns | 1A Natural Basic<br>1B Reverse Basic<br>1C Side Basic<br>1D Progressive Basic<br>2 Whisks to Left and Right<br>3A Promenade Samba Walks<br>3B Side Samba Walks<br>3C Stationary Samba Walks | 1 Basic Movement<br>2 Alternative Basic<br>3 Cucurachas | 1 Surplace<br>2 Basic Movement<br>3 Appel<br>4 Chasses to Right<br>5 Chasses to Left | 1 Basic in Place<br>2 Fallaway Rock<br>3 Fallaway Throwaway<br>4A Link Rock<br>4B Link |
| | Бронза Продолжение | 4 Shoulder to Shoulder<br>5 Hand to Hand<br>6 Three Cha Cha Chas<br>7 Side Steps<br>8 There and Back<br>9 Time Steps | 4 Rhythm Bounce<br>5 Volta Movements<br>6 Volta Movements<br>7 Criss Cross Bota Fogos | 4 New York<br>5 Spot Turns<br>6 Shoulder to Shoulder<br>7 Hand to Hand<br>8 Progressive Walks Forward & Back<br>9 Side Steps | 6 Drag<br>7 Deplacement (Атака)<br>8 Promenade Link<br>9A Promenade<br>9B Closed Promenad<br>10 Ecart<br>11 Separation | 5 Change of Places Right to Left<br>6 Change of Places Left to Right<br>7 Change of Hands Behind the Back<br>8 Hip Bump |
| | Бронза Максимум | 10 Fan<br>11 Alemana<br>12 Hockey Stick<br>13 Hockey Stick ending in CPP<br>14 Natural Top<br>15 Natural Opening Out<br>16 Closed Hip Twist | 8 Traveling Bota Fogos Back<br>9 Bota Fogos to PP and CPP<br>10 Criss Cross Voltas<br>11 Solo Spot Voltas<br>12 Foot Changes<br>13 Shadow Traveling Voltas<br>14 Reverse Turn<br>15 Corta Jaca<br>16 Closed Rocks | 10 Cuban Rocks<br>11 Fan<br>12 Alemana<br>13 Hockey Stick<br>14 Hockey Stick ending in CPP<br>15 Natural Top<br>16 Opening Out to Right and Left<br>17 Natural Opening Out<br>18 Closed Hip Twist | 12 Separation with Lady's Caping Walks<br>13 Fallaway Ending to Separation<br>14 Huit<br>15 Sixteen<br>16 Promenade and Counter Promenade<br>17 Grand Circle<br>18 Open Telemark | 9 American Spin<br>10 The Walks<br>11 Stop & Go<br>12 The Mooch<br>13A The Whip<br>13B Double Whip<br>14 Whip Throwaway |
| Серебро | Серебро Начало | 17 Open Hip Twist<br>18 Reverse Top<br>19 Opening Out from Reverse Top<br>20 Spiral<br>21 Curl | 17 Open Rocks<br>18 Back Rocks<br>19 Plait | 19 Open Hip Twist<br>20 Reverse Top<br>21 Opening Out from Reverse Top | 19 La Passe<br>20 Banderillas<br>21 Twist Turn<br>22 Fallaway Reverse Turn | 15 Reverse Whip<br>16 Windmill<br>17 Spanish Arms |
| | Серебро Максимум | 22 Rope Spin<br>23 Aida<br>24 Cross Basic<br>25 Cuban Breaks<br>27 Chase | 20 Rolling Off the Arm<br>21 Argentine Crosses<br>22 Maypole<br>23 Shadow Circular Voltas | 22 Aida<br>23 Spiral<br>24 Curl<br>25 Rope Spin | 23 Coup de Pique<br>24 Left Foot Variation<br>25 Spanish Lines<br>26 Flamenco Taps | 18 Rolling Off the Arm<br>19 Simple Spin<br>20 Miami Special<br>21 Overturned Fallaway Throwaway |
| Золото | Золото Начало | 27 Advanced Hip Twist<br>28 Hip Twist Spiral | 24 Contra Bota Fogos<br>25 Roundabout<br>26 Natural Roll<br>27 Reverse Roll | 26 Sliding Doors<br>27 Fencing<br>28 Three Threes | 27 Syncopated Separation<br>28 Traveling Spins from PP<br>29 Traveling Spins from CPP | 22 Point, Ball Change<br>23 Curly Whip<br>24 Shoulder Spin<br>25 Toe Heel Swivels |
| | Золото Максимум | 29 Turkish Towel<br>30 The Sweetheart<br>31 Follow My Leader | 30 Promenade and Counter Promenade Runs<br>31 Three Step Turn<br>32 Samba Locks<br>33 Cruzado Walks and Locks | 29 Three Alemanas<br>30 Advanced Hip Twist<br>31 Continuous Hip Twist<br>32 Circular Hip Twist | 30 Fregolina<br>31 Twists<br>32 The Chasse Cape | 26 Chugging<br>27 Chicken Walks<br>28 Catapult<br>29 Stalking Walks, Flicks and Break<br>30 Overturned Change of Places Left to Right |